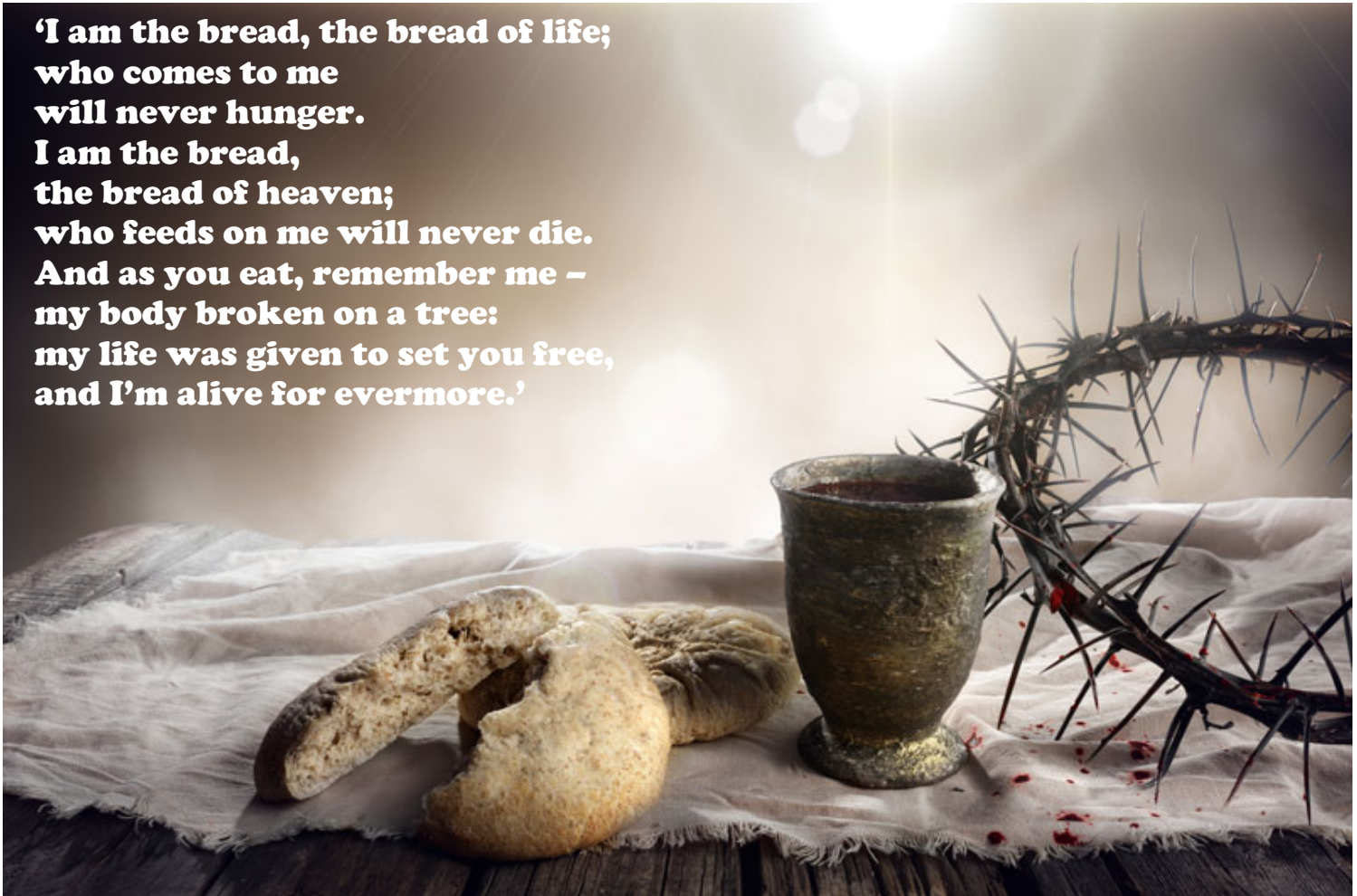


**The Church of St Francis
WEEKLY BULLETIN FOR
THE TENTH SUNDAY AFTER TRINITY
8th August 2021**



**'I am the bread, the bread of life;
who comes to me
will never hunger.
I am the bread,
the bread of heaven;
who feeds on me will never die.
And as you eat, remember me –
my body broken on a tree:
my life was given to set you free,
and I'm alive for evermore.'**



FOR OUR PRAYERS

We pray for those who are in need of prayer at this time: Donna; Paula; Megan; Riley & his mum and family; Jeanette, David & Grace.

We continue to pray for Woodside House Care Home and all those in our Church, friends and family who are managing long term health issues including: Maegan; Carson; Janet; Tom; Rosemary; David & Cynthia; Pete and Rosie; Doreen; Sheila; John and Jane; Shirley.

We pray for those who have died in recent days among them Tom Knott, remembering too his family who mourn his loss especially Jenny, Huggy and Rachel. We pray for all who mourn, the loss of a loved one or a friend.

**The Church of St Francis
Heartsease**

**Heavenly Father
We ask your blessing upon us.
Hold the Heartsease Community,
and all the world,
in your arms of love.
Be with us.
Give us your strength,
peace, and healing grace.
Watch over us,
protect us from harm;
and keep in safety
all those who care for the sick
and attend to our needs,
in Jesus name we pray.
Amen**

COLLECTS FOR THE TENTH SUNDAY AFTER TRINITY

Let your merciful ears, O Lord,
be open to the prayers of your humble
servants;
and that they may obtain their petitions
make them to ask such things as shall please
you;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen

Lord of heaven and earth,
as Jesus taught his disciples
to be persistent in prayer,
give us patience and courage
never to lose hope,
but always to bring our prayers before you;
through Jesus Christ our Lord. Amen



POST COMMUNION PRAYER

God of our pilgrimage
you have willed that the gate of mercy
should stand open for those who trust in you:
look upon us with your favour
that we who follow the path of your will
may never wander from the way of life;
through Jesus Christ our Lord. Amen

READINGS FOR THE TENTH SUNDAY AFTER TRINITY

1 KINGS 19:4 - 8

Elijah went a day's journey into the
wilderness, and came and sat down under a
solitary broom tree. He asked that he might
die: 'It is enough; now, O LORD, take away
my life, for I am no better than my ancestors.'

Then he lay down under the broom tree and
fell asleep. Suddenly an angel touched him
and said to him, 'Get up and eat.' He looked,
and there at his head was a cake baked on
hot stones, and a jar of water. He ate and
drank, and lay down again.

The angel of the LORD came a second time,
touched him, and said, 'Get up and eat,
otherwise the journey will be too much for
you.' He got up, and ate and drank; then he
went in the strength of that food for forty days
and forty nights to Horeb the mount of God.



PSALM 34:1- 8

¹ I will bless the Lord at all times; ♦
his praise shall ever be in my mouth.

² **My soul shall glory in the Lord; ♦
let the humble hear and be glad.**

³ O magnify the Lord with me; ♦
let us exalt his name together.

⁴ **I sought the Lord and he answered
me ♦ and delivered me from all my fears.**

⁵ Look upon him and be radiant ♦
and your faces shall not be ashamed.

⁶ **This poor soul cried, and the Lord heard
me ♦ and saved me from all my troubles.**

⁷ The angel of the Lord encamps around
those who fear him ♦ and delivers them.

⁸ **O taste and see that the Lord is
gracious; ♦ blessed is the one who trusts
in him.**

**Glory to the Father, and to the Son,
and to the Holy Spirit;
as it was in the beginning is now,
and shall be for ever. Amen**

EPHESIANS 4:25 - 5:2

So then, putting away falsehood, let all of us
speak the truth to our neighbours, for we are
members of one another.

Be angry but do not sin; do not let the sun go
down on your anger, and do not make room
for the devil.

Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy.

Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear.

And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption.

Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you.

Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

JOHN 6:35, 41 - 51

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.' They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?''

Jesus answered them, 'Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

WHAT'S HAPPENING AT ST FRANCIS

A ST FRANCIS WEDDING...

Congratulations to Tim Campbell and Sharon Moore who were married in St Francis yesterday, 7th August.



We wish them a long and happy marriage, blessed with laughter, joy and contentment.

'LET IT GROW'

WEDNESDAYS @ 9am – 11.30am

**Weeding, Sowing, Planting, &
10.15 am Tea And Cake Break**

**LOTS OF FRESH VEG TO BE PICKED
COME AND GET IT!**



'ANCIENT & MODERN' @



**Quality Vintage & Modern
Collectables and Furnishings**

OPEN

**EVERY
FRIDAY & SATURDAY
MORNING**

10am – 12pm

**Find us in 'Next Door @ St Francis'
94 Rider Haggard Road. NR7 9UQ**

EVERY FRIDAY IN AUGUST

openacademy

proudly presents



GCSE/A Level photography

End of year show 2021

The students work will be exhibited throughout August. Please come and see the amazing work by our fantastic photography students at NextDoor@StFrancis

FRIDAY 13TH, 20TH & 27TH AUGUST

10am – 12pm

PLEASE CALL IN AND HAVE A LOOK!

FORTHCOMING SERVICES & EVENTS

Mon: Morning Prayer – 9am

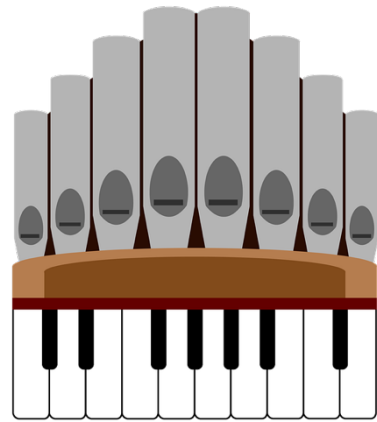
**Tues: Morning Prayer – 9am
Evening Prayer – 5pm**

**Weds: Morning Prayer – 9am
BCP Holy Communion – 11.30am
Evening Prayer - 5pm**

**Thurs: Morning Prayer – 9am
Evening Prayer – 5pm**

**Sun: Celebrating Together – 10.30am
[Holy Communion]**

TWO DATES FOR THE DIARY!



**SUMMER LUNCHTIME
ORGAN RECITALS @ST FRANCIS**

THURSDAY 19th AUGUST

1.00pm

Rebekah Okpoti

THURSDAY 23rd SEPTEMBER

1.00pm

Dr Andrew Hayden

**A wonderful opportunity to hear our
amazing little organ and a beautiful
range of carefully chosen pieces.**

Free Admission – Refreshments

ST FRANCIS CONTACT DETAILS:

Vicar: The Revd Janet Wyer
07368 832294
revdjanetwyer@outlook.com

Curate: The Revd Tracy Williams
07834 845623

Church Office: 01603 431259

Email: stfheartsease@outlook.com

Website: stfrancisheartsease.co.uk