A close-up photograph of a person's hands holding a metal cup under a running water tap. The water is splashing into the cup. The person is wearing several colorful bangles on their wrists. The background is blurred, showing what appears to be a crowd of people.

**‘I heard the voice of Jesus say,
“Behold, I freely give
the living water; thirsty one,
stoop down,
and drink, and live.”
I came to Jesus, and I drank
of that life giving stream;
My thirst was quenched,
my soul revived,
and now I live in Him.’**

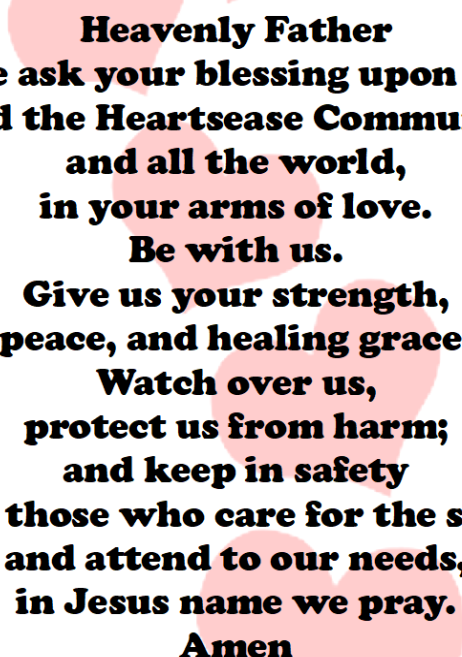
FOR OUR PRAYERS

We pray for those who are in need of prayer at this time: Audrey; Edward L; Megan; Riley & his mum and family; Grace & David.

We continue to pray for Woodside House Care Home; Hebron House and all those in our Church, our friends and our family who are managing long term health issues including: Sheila; Gayle; Linda R; Maegan; Carson; Tom; Rosemary; Cynthia & David; John and Jane; Rob, Rosie, and Pete; Shirley.

We pray for those who have died in recent days among them Jeanette; Peggy Humphries; remembering also their families. We pray for all who mourn the loss of a loved one or a friend.

**The Church of St Francis
Heartsease**

Several overlapping pink hearts of various sizes are scattered in the background of the prayer text on the right side of the page.

**Heavenly Father
We ask your blessing upon us.
Hold the Heartsease Community,
and all the world,
in your arms of love.
Be with us.
Give us your strength,
peace, and healing grace.
Watch over us,
protect us from harm;
and keep in safety
all those who care for the sick
and attend to our needs,
in Jesus name we pray.
Amen**

COLLECT FOR CREATIONTIDE

Glorious God, the whole creation proclaims your marvellous work: increase in us a capacity to wonder and delight in it, that heaven's praise may echo in our hearts and our lives be spent as good stewards of the earth, through Jesus Christ our Lord. Amen



COLLECTS FOR THE SEVENTEENTH SUNDAY AFTER TRINITY

Almighty God,
you have made us for yourself,
and our hearts are restless
till they find their rest in you:
pour your love into our hearts
and draw us to yourself,
and so bring us at last to your heavenly city
where we shall see you face to face;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen

Gracious God,
you call us to fullness of life:
deliver us from unbelief
and banish our anxieties
with the liberating love
of Jesus Christ our Lord. Amen



POST COMMUNION PRAYER

Lord, we pray that your grace
may always precede and follow us,
and make us continually to be given
to all good works;
through Jesus Christ our Lord. Amen

READINGS FOR THE SEVENTEENTH SUNDAY AFTER TRINITY

THE WORD OF GOD

You may notice that we do not always use all the readings in our Sunday service – we include them in the bulletin for you to reflect upon them throughout the forthcoming week.

NUMBERS 11:4-6, 10-16, 24-29

The rabble among them had a strong craving; and the Israelites also wept again, and said, 'If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at.'

Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, 'Why have you treated your servant so badly? Why have I not found favour in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, "Carry them in your bosom, as a nurse carries a sucking child", to the land that you promised on oath to their ancestors? Where am I to get meat to give to all this people? For they come weeping to me and say, "Give us meat to eat!" I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favour in your sight—and do not let me see my misery.'

So the Lord said to Moses, 'Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.'

So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all

around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, 'Eldad and Medad are prophesying in the camp.'

And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, 'My lord Moses, stop them!' But Moses said to him, 'Are you jealous for my sake? Would that all the Lord's people were prophets, and that the Lord would put his spirit on them!'

PSALM 19: 7 – 14

⁷ The law of the Lord is perfect, reviving the soul; ♦ the testimony of the Lord is sure and gives wisdom to the simple.

⁸ **The statutes of the Lord are right and rejoice the heart; ♦ the commandment of the Lord is pure and gives light to the eyes.**

⁹ The fear of the Lord is clean and endures for ever; ♦ the judgements of the Lord are true and righteous altogether.

¹⁰ **More to be desired are they than gold, more than much fine gold, ♦ sweeter also than honey, dripping from the honeycomb.**

¹¹ By them also is your servant taught ♦ and in keeping them there is great reward.

¹² **Who can tell how often they offend? ♦ O cleanse me from my secret faults!**

¹³ Keep your servant also from presumptuous sins lest they get dominion over me; ♦ so shall I be undefiled, and innocent of great offence.

¹⁴ **Let the words of my mouth and the meditation of my heart be acceptable in your sight, ♦ O Lord, my strength and my redeemer.**

Glory to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning is now, and shall be for ever. Amen

JAMES 5:13-end

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest.

My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

MARK 9:38-end

John said to him, 'Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us.' But Jesus said, 'Do not stop him; for no one who does a deed of power in my name will be able soon afterwards to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.'

'If any of you put a stumbling-block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell.' And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

'For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another.'

SERVICES NEXT WEEK

ALL WELCOME

Mon: Morning Prayer – 9am

**Tues: Morning Prayer – 9am
Evening Prayer – 5pm**

**Weds: Morning Prayer – 9am
BCP Holy Communion – 11.30am
Evening Prayer - 5pm**

**Thurs: Morning Prayer – 9am
Evening Prayer – 5pm**

**Sun: Celebrating St Francis Day
10.30am**

HOME COMMUNION



If you live in the parish of St Francis and would like to receive the Sacrament in your home because you cannot get to church, please contact Revd Janet or Fr Tracy.

WHAT'S NEWS @ST FRANCIS?



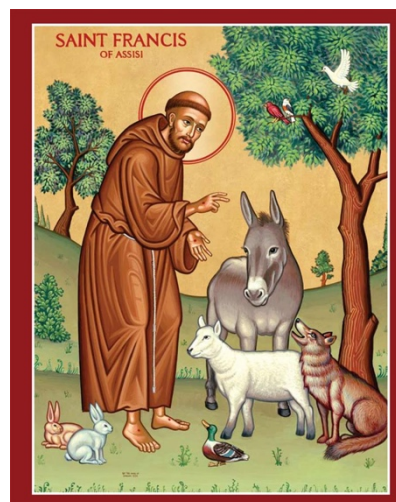
WE RAISED

£100

THANK YOU!

FORTHCOMING SERVICES AND EVENTS...

**NEXT WEEK
3RD OCTOBER**



**ST FRANCIS DAY
SERVICE
10.30am**

HOLY COMMUNION

During the service we will be concluding the Creationtide season by making our Declaration of a Climate Emergency

CRAFT FAIR Table Top Sale & More!

Sat 23rd Oct 2021

11.30 - 3.30

St Francis Church – 96 – 98 Rider Haggard Rd, NR7 9UQ
The worshipping heart of the Heartsease Community

Crafts / Jewellery / Cards
Christmas Gifts / Baby Gifts
Antiques / Beauty / Face Painting
Art / Walk the Labyrinth Farm Share
Heartsease Money Advice Project
Childrens' Play area / Café
Table Top Sale & much more!

Plenty of parking – on street and in car park
Or take the No 23 bus which stops right outside

WHAT'S ON @ST FRANCIS?

LET IT GROW

Latest news...

Let It Grow is going so well we've discovered we don't need Amy from Farmshare to come every week! So she is now going to visit us on the first Wednesday of the month. On 6th October Amy will be helping us to plant herb, salad and vegetable seeds which can be taken away to grow at home. Please do join us and spread the news. All Welcome.



**EVERY
WEDNESDAY
@ 9am – 11.30am**
Weeding, Sowing,
Planting, &
10.15 am Tea And
Cake Break
**LOTS OF FRESH VEG
TO BE PICKED
COME
AND GET IT!**

HEARTSEASE COMMUNITY MONEY ADVICE CENTRE



cma
Heartsease

Community Money Advice

**Open Afternoons every
Wednesday 2pm - 4pm**

(starting Wednesday 15 September)

Come and meet the team
Find out how we can help you
with debt, budgeting or benefit
forms
Free tea/coffee/soft drinks and
biscuits

Volunteers also welcomed

**Nextdoor @ St Francis
94 Rider Haggard Road**



The
BIG BIKE
Revival

**All are welcome to our
Led Bike Rides**

**Saturdays from
October 2nd 10am - 12pm**

Come on a led social ride in and around the Heartsease area, utilising quiet roads and segregated cycle paths starting from

St Francis Church on Rider Haggard Road

There will be a mid-ride break, a chance to have a chat with refreshments. Please bring refreshments and comfortable clothing.

This series of rides hosted by St Francis Cycling is running on Saturdays commencing 2nd October Bikes can be provided but there are limited numbers, so get in touch as soon as possible to avoid disappointment

**Contact fathertracy@mail.com
for more details**

**THURSDAY MORNING
IS COFFEE MORNING
In the Lounge
10am – 12pm
EVERY WEEK!**



**'ANCIENT &
MODERN' @**



**Quality Vintage & Modern
Collectables and Furnishings**

OPEN

**EVERY
FRIDAY & SATURDAY
MORNING**

10am – 12pm

**Find us in 'Next Door @ St Francis'
94 Rider Haggard Road. NR7 9UQ**

ST FRANCIS CONTACT DETAILS:

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